LETS TALK

COLLABORATIVE

CONVERSATIONS

The program helps individuals understand differences in human preferences that create barriers to collaborative conversation. Through a fun and engaging learning atmosphere, participants explore how their own strengths and blind spots contribute to group dynamics.

Participants learn to appreciate differences and harness the power that results when differences are channeled into collaborative conversation.

The session is led by an ICF certified coach experienced with Myers Briggs Type Indicator and certified in True Colours.

LEARNING OUTCOMES

PROGRAM INCLUDES

- access to a personalized MBTI report
- team palette
- customized materials & facilitation

- Understand their preferences (strengths and blind spots)
- Be able to anticipate the needs of others in order to communicate more effectively
- Understand how and when o leverage strengths
- Understand how blind spots negatively impact others and can create internal stress
- Be more confident to have productive and collaborative conversations
- Develop a new "language of understanding" that can easily be applied in stressful situations without diminishing the self-worth of others
- Develop the skill and understanding of how to appreciate the differences of others across all situations; work, family and community
- Develop a basic understanding of temperament theory and gain insight into the Myers Briggs Type Indicator

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