

# LEARNING AND REFLECTION

## discover your GREATNESS within

What new awareness has emerged as it relates to finding honourable closure? How might this concept enhance my professional or personal life?

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Explore Contribution	Define Desired Outcomes	Decide on Actions	Find a helpful lesson
I created the pattern.	Honourable closure will allow me to _____.	<ul style="list-style-type: none"> <li>• Get feedback from others to gain insight?</li> <li>• Set new intentions?</li> <li>• Forgive myself?</li> </ul>	What can I learn from the situation that will allow me to release it and move forward?
Someone else created the pattern.	Honourable closure will allow me to _____.	<ul style="list-style-type: none"> <li>• Give feedback to others to share impact?</li> <li>• Have a difficult conversation?</li> <li>• Set new boundaries?</li> <li>• Set new intentions for the relationship?</li> <li>• Forgive others?</li> </ul>	What can I learn from the situation that will allow me to release it and move forward?
I share responsibility for the pattern.	Honourable closure will allow me to _____.	<ul style="list-style-type: none"> <li>• Get feedback from others to gain insight?</li> <li>• Give feedback to others to share impact?</li> <li>• Have a difficult conversation?</li> <li>• Set new boundaries?</li> <li>• Set new intentions for the relationship?</li> <li>• Forgive myself and others?</li> </ul>	What can I learn from the situation that will allow me to release it and move forward?