

# COACHING

## ON DEMAND



Coaching on Demand is for individuals that are struggling with some aspect of their professional or personal life. Whether it's a small or large challenge, Coaching provides individuals with the opportunity to enhance their overall fulfillment by confronting what's causing anxiety or limiting their day to day effectiveness.

Coaching on Demand is for clients who may not want to engage in a costly, long term coaching engagement because of financial limitations or because their needs are limited to a specific situation or event.

No longer is access to professional coaching services restricted to privileged executives. Everyone can benefit from immediate access to impartial and professional support.

Organizations can offer Coaching on Demand as part of their Employee Assistance Programs.

### Coaching on Demand Benefits:

- CONFIDENTIAL and impartial support to explore and resolve issues that are creating confusion, discomfort or unrest
- Access to a supportive and collaborative partner to deepen awareness, expand choices and resolve pressing issues interfering with professional engagement or overall life fulfillment
- Comfort knowing a trained professional is standing by so you can respond quickly and confidently when life throws a personal or professional curve ball
- Affordable and flexible (pay as you go) payment terms with no minimum hour commitment

### Once Enrolled, Clients Have Access to:

- A professional coach (certified by the International Coaching Federation) within 24 hours
- A private, self-directed learning portal to reconnect with core values & strengths, organize priorities, put learning into action, and manage commitments
- Peers and broad based support through an online conversation calendar
- Free tools and activities for continued self-exploration, learning, and discovery, supported by the latest concepts in neuroscience and behavioral change



made to  
measure  
solutions  
Transforming  
Leaders, Teams  
& Organizations  
with solutions  
tailored to fit

Brian Martin, ACC, is certified by the International Coaching Federation. He has a proven track record transforming organizations and is known for his practical and engaging approach.

**Coaching on Demand is available for leaders, teams, & organizations as well as individuals seeking deeper meaning in their lives.**

All inquiries are completely confidential with no obligation.

To Learn More Contact

[bmartin@made-to-measure.ca](mailto:bmartin@made-to-measure.ca)



[www.made-to-measure.ca](http://www.made-to-measure.ca)